



## Corneal Ulceration

### Diagnostic Plan

History  
Physical examination  
Ocular examination  
Fluorescein stain  
Culture  
Cytologic examination

### Therapeutic Plan

Antibacterial ointments and solutions  
Drugs that dilate the pupil  
Surgery  
Drugs to lessen the risk of pigment formation in the cornea

### Nutritional Plan

Nutrition based on individual patient evaluation including body condition and other organ system involvement or disease

## Corneal Ulceration

Your pet has a corneal ulcer. The cornea is the front part of the eye. Corneal ulcers are painful defects that result from many causes. Treatment for corneal ulcers is based on the cause and severity of the ulcer. This client education sheet will help you learn more about corneal ulcers and will review your veterinarian's instructions for your pet's care at home, as well as follow-up with the veterinary health care team.

## What You Should Know About Corneal Ulceration

The cornea is richly supplied with nerves, but normally contains no blood vessels. It consists mostly of protein, so it is susceptible to chemicals such as alkalis that dissolve or pass through protein. The cornea is very thin (less than 1/20 of an inch thick). Many disease processes can destroy one or all of the thin layers that make up the cornea, forming painful indentations called ulcers. Some ulcers worsen with time. They penetrate deeper into the cornea and spread across its surface. The eye may rupture with this type of ulcer.

Dogs have a higher incidence of corneal ulcers than do cats. Dog breeds with prominent eyes, such as Pekingese, Pugs, and Boston Terriers, are affected most commonly.

### **Causes**

Many destructive processes can cause a loss of the layers that form the cornea. Included are infections of the eye with viruses, bacteria, and fungi, trauma from chemicals (acids and alkalis) and foreign objects (cat claws, sticks, BB shot). Hair or skin (eyelids and facial folds) that rubs against the corneal surface can also destroy corneal layers.

## Diagnosis

An eye examination by your veterinarian will disclose the presence of corneal ulceration. This examination may also uncover the cause. A dye called fluorescein can be applied to the cornea to determine the extent of the ulcer. When a bacterial infection is suspected, a specimen from the cornea can be collected by your veterinarian and incubated to determine the bacterial type and the bacteria's sensitivity to various antibiotics.

## Treatment and Home Care

Removing the source of irritation may mean removing a foreign object from the eye, flushing chemicals from the eye, or performing surgery to correct an eyelid that curves inward.

Superficial ulcers often respond to antibiotics and medications to relieve pain. These preparations are formulated as drops and ointments that are usually placed directly on the cornea.

More serious ulcers often require surgery to remove unattached layers of the cornea, to remove pus from within the eyeball. Many veterinarians also cover the ulcer with another part of the eye (the conjunctiva or the third eyelid) to promote healing. Solutions containing antibiotics and pain-reducing medications are also used with severe ulcers.

Home care for pets with corneal ulcers should include providing access to dim part of the house because bright light is irritating. Antibiotics and pain-reducing medications should be administered according to your veterinarian's instructions. A neck collar may be used to prevent pets from rubbing and pawing their eyes.

## Nutritional Plan

After your pet's recovery from a corneal ulcer is complete, your veterinarian may suggest a dietary change based on your pet's age and body condition, and on the presence or absence of disease in other organs and body systems. Optimal nutrition provides for a pet's needs based on age and activity level, but more important, reduces the health risks associated with feeding excess sodium, phosphorus, calcium, protein, and calories. Foods that avoid these harmful excesses and provide proper nutrition for each life stage include the Hill's® Science Diet® brand of pet foods for dogs and cats.

## Transitioning Food

Unless recommended otherwise by your veterinarian, gradually introduce any new food over a seven-day period. Mix the new food with your pet's former food, gradually increasing its proportion until only the new food is fed.

If your pet is one of the few that doesn't readily accept a new food, try warming the canned food to body temperature, hand feeding for the first few days, or mixing the dry food with warm water (wait ten minutes before serving). However, do not add water to your cat's food. Feed only the recommended diet. Do not feed additional salt or any snacks that may contain sodium. Be patient but firm with your pet.

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## Home Care Instructions

Client's Name: \_\_\_\_\_

Patient's Name: \_\_\_\_\_

Medication(s): \_\_\_\_\_

Nutritional Recommendation: \_\_\_\_\_

Follow-Up Appointment: \_\_\_\_\_

(Hospital Stamp Area Above)

REGULAR VISITS WILL HELP OUR VETERINARY HEALTH CARE TEAM PROVIDE FOR YOUR PET'S BEST INTEREST.